



# SEPTEMBER 2010 - JUNE 2011

Effective 09/06/2010

\*\*Schedule subject to change based on minimum class size of 5

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:15			JR Dragons <i>Ages 6-7</i> Little Dragons <i>Ages 4-5</i>	Little Dragons <i>Ages 4-5</i>		9:00 Teen/Adult All Rank
5:00	White-Blue <i>Ages 7-9</i> & Sr. Dragons	Green - Black & STORM TEAM	White-Blue <i>Ages 7-9</i>  Green-Brn Double*	JR Dragons <i>Ages 6-7</i>	Green-Black	10:00 JR/SR All Rank <i>Ages 7-12</i>
5:45	Green-Brown	White-Blue/ <i>Ages 7-9</i>  Green-Blk Double*	Green-Brown  Black Belt Double*	White-Blue <i>ages 7-9</i> & Sr. Dragons	White-Blue***	10:45 Little Dragons <i>Ages 4-5</i>
6:30	Black Belt	Senior White—Blue Belt <i>Ages 10-12</i>	Black Belt	Senior White—Blue Belt <i>Ages 10-12</i>	***All Jr. classes @ 5:00 on Graduation days No 5:45 class	11:30 JR Dragons <i>Ages 6-7</i>
7:15	Teen/Adult <i>White-Green</i>	ADULT <i>Red—Black Belts</i>	Teen/Adult <i>White-Green</i>	ADULT <i>Red—Black Belts</i>		<b>FMA will be CLOSED:</b> September 6 November 25 & 26 Dec. 24 - Jan. 2 April 18 May 30
			8:15 Black Belt			

\*A single double class can be taken in place of 2 separate classes for Green Belts and higher.  
**Tuesdays & Wednesdays Only**

Tip Testing for JR/SR Students is done on Monday, Tuesday and Wednesdays of Week 5 (Jr. Test Dates [see box at right] are the Friday of Week 5). Teens and Adult Tip Testing is held Monday of Week 5. Full uniform must be worn (jacket, pants and belt) during Tip Testing. If you miss your Tip Test, see your instructor at the beginning of your next class for make-up testing. Make-up tip testing will **NOT** be done during classes on Friday and Saturday.

Boot camps—3 hour intensive training sessions for Junior & Seniors are equal to 5 classes & are regularly scheduled to accommodate students who have missed, or expect to miss, 3 or more classes between belts due to sickness, vacation or sport seasons. It is recommended that students who use a Friday or Saturday as a regularly scheduled class attend a boot camp prior to testing for their next belt.

**Please call FMA if you will be absent from class so we can schedule a make-up lesson (508) 829-2525**  
**Check out our web site [www.holdenmartialarts.com](http://www.holdenmartialarts.com) for the Calendar of events**