



EFFECTIVE: JUNE 14, 2010

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
TOTS	TIGERS	4:30		4:30		5:30	9:00
	DRAGONS		4:30		4:30	5:30	9:00
JUNIORS	ALL JUNIORS MORNING CLASSES		11 AM			11 AM	
	BASIC WHITE-YELLOW	5:45		5:00	5:00	5:00	9:30
	PHASE 1 ADV. YEL-PUR	5:00	6:15	5:30	5:00 (30 min)	5:00 (30 min)	9:30
	PHASE 2 ADV. PUR-GRN		5:00	6:30	5:30	6:00 (30 min)	10:15
	PHASE 3 ADV. GRN-BRN1	6:15	7:00	7:15		6:00 (30 min)	10:15
MASTERS	MASTERS CLUB	7:00→7:15	5:45→6:15	6:15→6:30	6:15→6:45	6:30→6:45	11:00→11:30
	ADVANCED MASTERS CLUB BRN 1-BLK, TEEN/ADULT		7:45→8:00				11:30→12:00
ADULTS	ALL TEENS & ADULTS	7:15	12:00 6:30	7:00		12:00 6:45	12:00
	ADULT BEGINNERS		6:00		5:30		
	ELITE TRAINING CLASS				6:45 Invitation Only		
	SYSTEMA	6:30		6:30			10:30
	JUDO					7:30	

Proper Attire for Class:

Beginner Students: White Gi or Lil' Dragon Gi

Brown Belts: White Top with Black Pants

Black Belts: White or Black Gi

T-Shirts: Only Official AKS Shirts Allowed

Between April 1 and September 30

Belt Testing Fee: \$25

Wear Full Gi for Testing!

*Classes marked in yellow are
New or modified classes*

School Patch Required!



Closed Saturdays in August

www.delawarekarate.com

(302) 529 – 7800