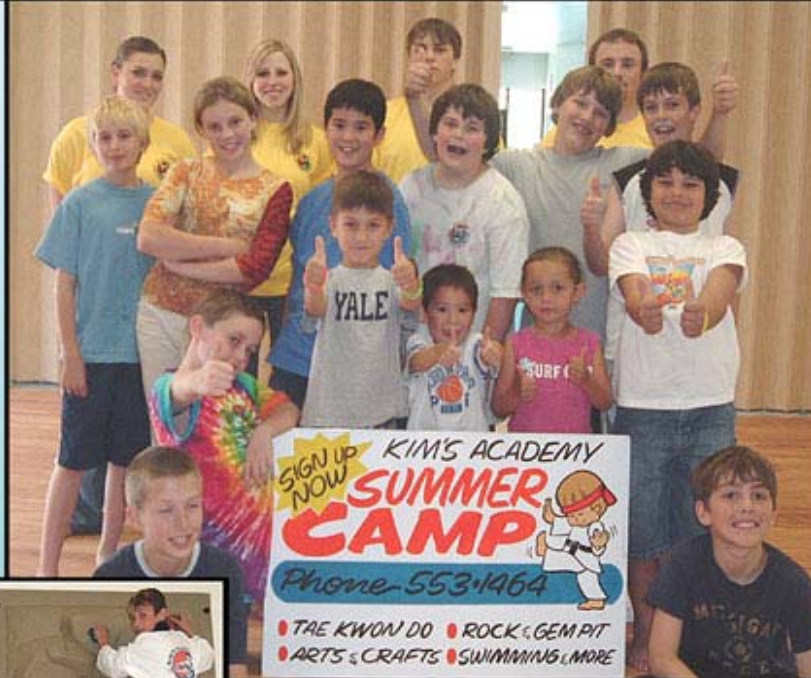


SUMMER CAMP



**DONT DELAY
SLOTS ARE
FILLING FAST!**



YOUR SUMMER FUN IS HERE!!

**3 WEEKS OF EXCITING MARTIAL ARTS, FUN GAMES,
COOL PROJECTS & ARTS AND CRAFTS!**

**Starting Dates: Session 1 - June 15, Session 2 - July 6,
Session 3 - July 27. 10am- 3pm Mon-Fri.
Early drop off/pick up available.**

**We are only accepting 20 students per session,
So sign up TODAY!**

Kickin'

WINNER
BEST OF STATE



Newsletter UTAH 2009

JUNE, 2009



10510 So. 1300 E. SANDY, UT. 84094

801-553-1464

www.KATKD.com

SUMMER IS HERE!!

Finally a break from the snow and cold. Summer is here and things are heating up for Kim's Academy of Sandy's upcoming 75th Belt Testing on **June 20th**. Keep practicing your one-step sparring techniques and your forms so that you'll be ready to shine on testing day.

Testing applications are due by June 13th. A late fee of \$5 will be assessed for applications turned in after the 13th.

We have to know how many students per belt rank will be testing in order for us to set the testing time schedule for each belt. Your cooperation in handing in the applications on time is vital for us to put out the testing time schedule in a timely manner. We appreciate your support and help on this matter. Best of luck to everyone testing!!!!!! Do your best and have fun!

GOOD LUCK ON BLACK BELT TESTING!!

We would like to wish everyone that is testing for Black Belt this Saturday the 6th in Centerville the best of luck. Don't forget to stay focused and drink lots of water throughout the day. Remember that it's a celebration of the many years of hard work, dedication, sweat, and tears. You'll always be a Black Belt for the rest of your life. No one can ever take that away from you. You've earned it! Don't forget to give your parents and family members a BIG bow after the testing to show your love and thanks for helping you reach your goal of Black Belt! Good luck!

2009 Best of State Winner!

Last Saturday night Master Markman and Mr. Dutson attended the Best of State Gala where we were honored to receive the award for Best Martial Arts School in Utah. It was very humbling and exciting. We are deeply honored to be voted the top school in the state. We couldn't have done it without the outstanding leadership of Master Markman and our wealth of great instructors.

Most importantly we couldn't have done it without the support of all the parents and students. You'll never know how much we appreciate your support and loyalty to our school over the years. Being voted Best of State is humbling and comes with great responsibility. It inspires us to be even better instructors in the development of all of our students and to help build a better community around us. Thank you!!!!

Upcoming Events

- 6/5 Demo Team Practice
- 6/6 Black Belt Testing 9:00am
- 6/13 Color Belt Testing Applications Due
- 6/15 1st Session of Summer Camp Starts
- 6/20 Color Belt Testing! (Schedule will be posted as soon as all apps are in).
- 6/21 FATHER'S DAY

New 3 Week Summer Camp Dates:

Session 1: June 15. Session 2: July 6

Session 3: July 27 (Details on page 2!)

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IT'S HERE!!

SUMMER CAMP

3 WEEKS OF EXCITING MARTIAL ARTS, FUN GAMES, COOL PROJECTS & ARTS AND CRAFTS!

We are only accepting 20 students per session,
So sign up TODAY!!



WE' RE LOOKING FOR TESTIMONIALS!

Thank you to those that were kind enough to send us a testimonial. We would like to post more testimonial from students and parents on our website. If you' ve had a good experience at Kim' s Academy, we' d love to hear about it! Feedback is always good for us whether it' s good or bad. We are always learning too. So, if you would like to put in your 2 cents, please email us at info@katkd.com. Thank you!!

2009 KATKD SUMMER CAMP!

It' s time for our Annual Kim' s Academy Summer Camp. This year, we are packing all of the fun into 3, three week sessions. **1st session will start on June 15th. The 2nd session will start July 6th, and the 3rd session will start on July 27th.** All sessions will be running from 10:00 AM until 3:00 PM, and will with earlier drop-off and later pick-up available, if necessary. The final plans are coming together for what' s shaping up to be another incredibly fun, educational, stimulating and memorable summer camp. Here' s just a peak at some of the activities? We will only be registering 20 students for each session! So, join the fun before all the spots are filling up! Go here for more info: <http://www.katkd.com/camps.htm>

- Rock & Gem Hunting in our special, backyard Excavation Pit!
- Hands-on Nature-inspired Science & Craft Projects (think bugs, plants and water!)
- Contests, Games and Prizes!
- Weekly Swimming Field Trips
- Twice daily TKD classes with relays and other types of physical fun!
- Special Camp Edition Belt Testing Ceremony.
- All organized and supervised by a large staff of mature Camp Counselors, - including Master Markman and Mr. Dutson. *Continued on next column...*

Please come in to the office to ask for more details and ask any questions you might have, or email us at info@katkd.com. Slots are already filling up fast. Don' t miss this camp. It' s going to be a good one!

GETTEM' WHILE THEIR HOT!

Grand Master Kim' s DVD is an EXCELLENT resource for the student of Taekwondo. Use this DVD as an additional tool to assist you as you make your journey from white belt through 1st Degree Black Belt. When used along side in-class instruction, you will stay on top of your marital arts skills!



This DVD covers Mental Training, all One-Step Sparrings, and all Forms. It' s a great tool to help the student review the curriculum at home or on the go. We highly recommend it to aid in your student' s training. Currently for sale for \$39. Come in and get it while in stock!

ORDER YOUR SPARRING GEAR TODAY!

As soon as Yellow Belts test for Orange they become eligible to start sparring on sparring days. This enables students to bump up their level of skill tremendously by putting into practice the skills and techniques they learn in class in a controlled, safe and fun way. If your child is already past Orange belt or is testing for Orange and wants to start sparring, please come in and beat the rush by pre-ordering your gear today.



MASTER MARKMAN' S CORNER - INSPIRATIONS.

A young man presented himself to the local expert on gems and said he wanted to become a gemologist. The expert brushed him off because he feared the youth would not have the patience to learn. The young man pleaded for a chance. Finally the expert consented and told the youth, " Be here tomorrow." The next morning the expert put a jade stone in the boy' s hand and told him to hold it. The expert then went about his work, cutting, weighing, and setting gems. The boy sat quietly and waited. The following morning the expert again placed the jade stone in the youth' s hand and told him to hold it. On the third, fourth, and fifth day the expert repeated the exercise and the instructions. On the sixth day the youth held the jade stone, but could no longer stand the silence. " Master," he asked, " when am I going to learn something?" " You' ll learn," the expert replied and went about his business. Several more days went by and the youth' s frustration mounted. One morning as the expert approached and beckoned for him to hold out his hand, he was about to blurt out he could go on no longer. But as the master placed the stone in the youth' s hand, the young man exclaimed without looking at his hand, " This is not the same jade stone!"

" You have begun to learn," said the master.



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*"Helping build a better community one
Black Belt at a time for over 14 years."*

P A G E 3

INSTRUCTOR SPOTLIGHT

We thought we would add a new section to our newsletter showcasing a different instructor each month. Students are always curious about what the instructors are like outside of the school. Now their personal lives will be exposed to the public in hopes that parents and students can learn more about them and their personalities. We have such a wealth of instructors here at KATKD that we just can't keep them to ourselves. This month we'll put the spotlight on Mr. Spencer Robinson, Black Belt Instructor.



When Mr. Spencer Robinson's son, Erik, first expressed an interest in martial arts, his parents checked several schools close to their home. They concluded KATKD was the best, and enrolled Erik. Mr. Robinson is glad that the Best of State organization recently came to the same conclusion about KATKD. After Erik had been at KATKD for about a year and half, he asked his father to study with him. A former Marine who had studied Isshinryu, an Okinawan style of karate, and a former college wrestler, Mr. Robinson thought it would be fun. He enrolled, following Erik on the path to black belt. In June of 2005 Mr. Robinson received his black belt. He has been teaching at KATKD ever since. In 2006, Mr. Robinson competed in the Utah

AAU tournament in forms, earning a bronze medal. He went on to the National AAU tournament, where he earned a bronze medal in forms for his age group. In 2007, Mr. Robinson earned a gold medal in forms at the Utah AAU tournament. He has medaled in several other tournaments. Mr. Robinson enjoys his association with Master Markman, Mr. Dutson, the other assistant instructors, and the students at KATKD. At the beginning of each class, the students are asked how they are. They respond, " Outstanding, sir!" and so they are. Mr. Robinson appreciates the respect, self-discipline, and hard work shown by KATKD students. His greatest joy as an instructor is seeing a student's hard work result in mastery of a form, one-step sparring, or breaking technique. His biggest disappointment is students who do just enough to pass. Mr. Robinson is also an amateur photographer. He enjoys photographing students as they test for new belts. You may have seen some of his pictures in the newsletter. In his life away from KATKD, Mr. Robinson is a husband, father of three wonderful children, and an attorney in private practice.

BLACK BELT CLUB PROGRAM DETAILS...

Have you ever seen students in class that are wearing a **BLACK BELT CLUB** patch on their uniform and wondered what it's for? Well, BBC is a goal oriented program that helps students reach their goal of Black Belt and beyond. It offers students different discounts on tuition as well offers special classes only for BBC members. If you have the desire to see your student through to Black Belt, then this is the way to go for many reasons. Please see Master Markman or Mr. Dutson for complete details on the benefits of **Black Belt Club**. We are

currently enrolling a limited number of BBC members through the end of June.

NEW YOGA CLASS FOR ADULTS

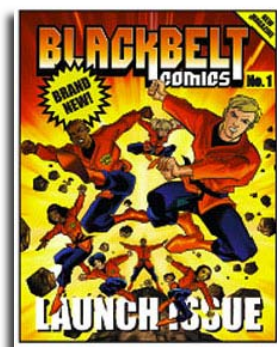
We are now offering a new Yoga class every other Thursday evening from 7:45-9:00. The cost is \$6 per person per class. The class is led by Nicolle Bangerter a registered yoga teacher with over 300 hours of Yoga training. She is an International Master Teacher Trainer for YogaFit. Nicolle has been practicing Yoga for 14 years. Nicolle also has 3 children that are students at Kim's Academy. For more information email us at info@katkd.com



FREE BLACK BELT COMICS

We've added a new feature to our website and monthly newsletter called **Black Belt Comics**. Designed professionally to help keep your young student excited about Martial Arts. Featuring Martial Arts Comics, puzzles, and education. Print as few or as many as you need. Look forward to new issues each month filled with exciting stories and fun activities.

You can download it FREE from our website- www.KATKD.com/comics.htm



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Black Belt Spirit

PAGE 4



WE STILL HAVE A FEW ITEMS LEFT. GET YOUR KIM' S ACADEMY GEAR TODAY!

Surprise your student with their favorite Kim' s Academy Gifts. We now have Grand Master Kim' s White Belt to Black Belt Excellence DVD for sale as a GREAT stocking stuffer for only \$39. Sparring gear can be a great gift for the kicker in your house. The entire set which includes sparring bag is selling for \$149. Come in and preorder yours today. We now have our coveted Kim' s Academy Hoodies available for preorder. (Still have a few in stock). If you are looking to get your kids a nice HOODIE for the winter, look no further. On sale now for only \$45. Available in White & Gray (Zip up style available as well.)

We also have Kim' s Academy T-Shirts for sale, just in time for summer! T-Shirts are \$15 and they go fast!! Be sure to pick yours up today!



CHUCK NORRIS FACT OF THE MONTH:

Chuck Norris has an honorary 8th Dan Black Belt in Taekwon-Do. His first and primary style is Tang Soo Do (also called Chung Do Kwan), which he began his study of when he was stationed in Inchon, Korea with the US Air Force.

He failed his black belt test twice before succeeding on his third attempt. He was a six-time World Karate Champion long before the idea of protective equipment ever came about.

During his first tournament, Master Norris fought Grand Master Sereff for the overall title. Master Norris won by one point.

KIM' S ACADEMY OF TAEKWONDO FAMILY BUSINESS NETWORK

KATKD is very blessed to have so many wonderful students and parents that support our efforts in helping us build a better community for the past 14 years. Because of this, the spirit of our school is unmatched in Utah. We consider everyone here our Taekwondo Family. We are proud to be associated with all of you and your children! Many parents and adult students own their own businesses or work for companies that offer services or products that many people need. We thought, why not help each other out and offer these products and services within our own TKD Family Network. Considering the current economic conditions, we think it would be great to give parents and adult students the opportunity to let everyone at our school know about their product or service. If people within our TKD Family have a need for certain services, why not use the people you know from TKD that you see often and can provide you

with what you need. It' s a great way for all of us to help each other out and show good Black Belt Spirit! With that said, we are proud to announce a new program where parents and adult students can put up their business cards on our bulletin board for others to see. We will also be featuring a business or person each month in this newsletter. KATKD would also love to place a lead box (see below) or brochures at your place of work or business (with your permission of course). If you would like to be part of this program, please email Mr. Dutton at info@katkd.com for details.



Kim' s Academy of Taekwondo
10510 So 1300 E.
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