

KICKKIN

Newsletter

OCTOBER, 2008



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www.KATKD.com

Are you ready for a new belt? You have about 2 weeks left to practice your forms, perfect your 1-step sparring techniques and to earn your qualifying black stripe because Kim's Academy of Sandy will be holding it's 71st Promotional Belt Testing on SATURDAY, October 18th starting at 9:00 AM. The exact schedule will be posted as soon as we receive all (or most) of the applications. We are expecting this testing to be a large testing, so please help us to organize and make this one of the smoothest running testings possible by turning in your application and testing fees no later than Friday, October 10th!

CONGRATULATIONS!!

To our latest 1st and 2nd degree Black Belts who tested on the 4th in Centerville and showed true Black Belt Spirit!

1st Degree Black Belts: Austin Miles, Alexandra Self & Anne Riggs.

2nd Degree Black Belts: Tjaden Stevens, Hanna Larsen & Michael McIntyre.

Kim's Academy Annual Halloween Party!!

The spider on the wall and the chill in the air means it's time for our Halloween Party! So dust off your broomsticks and come join us in costume (of course!) on Friday the 31st from 7:00-9:00 for some tricks, treats, games and prizes! Get your trick or treating in and then come join the fun!! Sign-up sheets will be posted soon if you want to volunteer to bring in a ghostly treat for our Potluck!

CONGRATULATIONS!!

To our head instructor Ian Staley on his performance at the Americas Cup in Denver, Colorado last week. Despite suffering a broken nose due to an illegal elbow, Mr. Staley showed great Black Belt spirit and came out the victor winning a gold medal in Olympic Style Sparring and a bronze medal in Traditional Forms. Thank you for representing Kim's Academy with integrity and honor as always.



Upcoming Events

- 10/4 Black Belt Testing in Centerville
- 10/10 Testing Apps & Fees Due
- 10/18 71st Color Belt Testing
- 10/24 Belt Make-up Testing. 6:30pm
- 10/31 Halloween Party!! 7-9 p.m.
- 10/31 Halloween!! Be safe out there!



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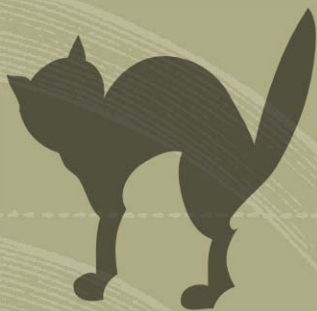
P2 Halloween isn't just Halloween to your toddlers!
By Dr. Miya.

Don't forget to check out our new \$50 gift certificate referral program! Details on page 2.

Beat the rush and get your KATKD DVD and Sparring Gear today!

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P A G E 2



Halloween isn't just Halloween to your Toddlers!

Pioneer Developmental Psychologist, Jean Piaget, was the first to notice and then do research on the fact that your toddlers and your young school-age children simply "don't think about the world in the same way that you do." Ever since his observation, developmental psychologists with more sophisticated research designs and equipment have concluded the same thing, "the 2-5 year-old mind is a little bit spooky!" Every year at Halloween, I'm reminded of this when I see a 3 year-old at K-Mart being scared out of his mind by his older sibling who keeps on trying on different (or the same) scary mask on right in front of his little brother or sister. No matter how many times the mask goes on, each time in full view of the innocent victim, the intended will scream! Why is this? It's the same reason why your 2 year-old will jump out of the way when you vacuum, jump out of the tub when you pull the drain or will put on sunglasses and insist that it is now nighttime. To them, they are "blinded" by how something appears. They don't want to go down the drain like they see the water and bubbles do. That is their logic, no logic. It is no surprise that research has found that the #1 psychological disorder at this age is anxiety disorders, with phobias being a popular disorder of this family. I had a 2 year-old once who wanted to open up the t.v. so they could play with Barney, insisting that he was inside! How something looks, is how it is. They want the 3 Oreos that is spread out on a longer row, even if 5 Oreos is counted out for them, but simply put into a smaller pile. So, remember that Halloween can be a seriously scary night to them. All of a sudden, brothers and sisters turn into monsters, ghosts and bloodied ghouls! Be considerate of their "spooky, vision-

dominated frame of mind on Halloween and keep being mindful of what they watch on t.v. everyday, at least until you can reason with them and be able to explain what they are seeing before you start a "Halloween Phobia" that can last the rest of their lives!!!

Dr. Dorene Miya received her Ph.D. in Neuroscience and was a full-time Professor of Developmental Psychology, Brain & Behavior and Abnormal Psychology, Scientist, mother of 3 and Master Markman's wife, of course!

KIM'S ACADEMY'S NEW REFERRAL PROGRAM..

Parents and students...as you know...there are many, many benefits of learning Taekwondo, so to show our appreciation for spreading the word about Kim's Academy with your friends and family....we would like to reward you for it and offer you starting on October 10th for a limited time through the end of November..a **\$50 Gift Certificate** (good for credit toward sparring gear, DVDs, testing fees, tuition, etc.) for each person referred to our school that joins!

Please tell everyone you know about us and be rewarded with a **\$50 Gift Certificate** if they join our Taekwondo family! This offer is not valid with any other offers or promotions.

Always know that our staff always appreciates your enthusiasm and Black Belt Spirit at Kim's Academy. Thank you for being a part of our Taekwondo family! Your support keeps us going and we appreciate all that parents and students do to help make our school the best it can be!!

**" CLASS DISMISSED!! AIYA...AIYA...AIYA....!!
GIVE YOURSELVES A BIG HAND!!"**

GETTEM' WHILE THEIR HOT!

Grand Master Kim's DVD is an EXCELLENT resource for the student of Taekwondo. Use this DVD as an additional tool to assist you as you make your journey from white belt through 1st Degree Black Belt. When used along side in-class instruction, you will stay on top of your



marital arts skills! This DVD covers Mental Training, all One-Step Sparrings, and all Forms. It's a great tool to help the student review the curriculum at home or on the go. We highly recommend it to aid in your student's training. Currently for sale for \$39. Come in and get it while in stock!

ORDER YOUR SPARRING GEAR TODAY!

As soon as Yellow Belts test for Orange they become eligible to start sparring on sparring days. This enables students to bump up their level of skill tremendously by putting into practice the skills and techniques they learn in class in a controlled, safe and fun way. If your child is already past Orange belt or is testing for Orange and wants to start sparring, please come in and beat the rush by pre-ordering your gear today.



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